



Physical Education Overview 2025-2026

PE inter-school competition/Festival Calendar 2025-2026

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Week 7 - Wednesday 15 th October Rugby Festival	Week 2 - Wednesday 12 th November Gymnastics Festival	Week 5 - Wednesday 4 th Feb Cheerleading Festival	Week 3 - Wednesday 11 th March SEND Festival Dance Show	Week 4 - Wednesday 6 th May Netball Festival	Week 4 - Wednesday 24 th June Rounders Festival

KS1 PE Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1 1hr	Fundamental Movement Skills	Problem Solving and Team building	Gymnastics	Ball skills	Invasion Games	Athletics
Session 2 1hr	Gymnastics	Dance	Fundamental Movement Skills	Yoga	Net/Wall games	Strike, field and catch

EYFS PE Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1	Fundamental Movement Skills	Problem Solving and Team building	Gymnastics	Ball skills	Yoga	Athletics