



ASKERN LITTLEMOOR INFANT ACADEMY

19.06.2026

Consultation on PSHE and Relationships Education (RSE)

Dear Parents,

At our school, we are committed to supporting the personal development, wellbeing, and safety of all our pupils. As part of this, we teach Personal, Social, Health and Economic (PSHE) education, including statutory Relationships Education, through the Jigsaw scheme.

Following updated national guidance, we have reviewed and enhanced our curriculum to ensure it is age-appropriate, inclusive, and focused on keeping children safe.

What will children learn in infant school (ages 3–7)?

- Relationships Education:
 - Building positive friendships
 - Understanding families and caring relationships
 - Treating others with kindness and respect
- Health and Wellbeing:
 - Keeping physically and mentally healthy
 - Understanding feelings and emotions
 - Making healthy choices
- Safety Education:
 - Staying safe in everyday situations (road, fire, water safety)
 - Recognising safe and unsafe situations
 - Knowing how and when to ask for help
- Online Safety:
 - Using technology safely
 - Keeping personal information private
 - Speaking to a trusted adult if worried
- Personal Hygiene:
 - Handwashing and dental care
 - Understanding germs simply
 - Developing healthy routines

Safeguarding and Support

We teach children to identify trusted adults, speak up if they are worried, and keep telling until someone helps them.

Sex Education in Infant School

Sex education is not taught in infant school. The focus is on relationships, health, and wellbeing, delivered in a sensitive and age-appropriate manner.



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Working in Partnership

We value parents' views and welcome feedback. You are invited to review materials and contact us with any questions. We will hold a consultation if you require further information please email admin@askernlittlemoor.com to register your interest.

Thank you for your continued support.

Yours sincerely,

D. Goldthorpe

D. Gravel

Mrs Goldthorpe

Mrs Gravel

Headteacher

PSHE Lead & Y1/2 Teacher